ABOUT CHILDHAVEN

Who We Serve
Our programs serve children and families who have been exposed to toxic stress and trauma. Most have faced one or more of the following risk factors: domestic violence, mental health and substance abuse issues, criminal justice involvement, housing instability, and poverty.

Young children are deeply affected when continuously exposed to toxic stress and trauma, affecting the immune system, metabolic regulatory systems, cardiovascular systems, and brain architecture. This has a dramatic impact on lifelong health and well-being.

Childhaven's Approach
The epidemic of childhood trauma and adversity is a public health crisis that impacts all of us. Childhaven's work holds relational health, trauma-informed care, and social justice at its core. We recognize that to improve the health and wellbeing of young children, our community must embed relational health in all places in which children and families live, learn and play.

“Relationships are the agents of change and the most powerful therapy is human love.”
~ Dr. Bruce Perry

History
Childhaven was founded in 1909 as Seattle Day Nursery, one of the first child care centers for working mothers in the US. The agency began its specialized therapeutic child care program in 1977, and changed its name to Childhaven in 1985.

Mission
Childhaven partners with parents and community to strengthen families, prevent childhood trauma, and prepare children for a lifetime of well-being.

Vision
ALL Children are safe and healthy; thriving physically, socially, emotionally and educationally; well-nurtured by family and the community.

Locations
Seattle Branch
316 Broadway, Seattle WA 98122

Eli Creekmore Memorial Branch
1035 SW 124th Street, Seattle, WA 98146

Patrick L. Gogerty Branch
1345 22nd Street NE, Auburn WA 98002

Contact Information
Phone: 206-624-6477
Email: info@childhaven.org
Website: www.childhaven.org

Referrals/Service Line
206-957-4841

Childhaven. Because childhood trauma is everyone’s trauma.
**Early Intervention**
*Ages 0-3*
Early Intervention helps infants and toddlers with delays in their development. The program provides home and community-based coaching, plus support for parents and caregivers to build upon family strengths.

**Early Learning**
*Ages 3-6*
Childhaven’s Early Learning program includes both ECEAP and Head Start. For income-qualifying families, these two preschool programs help children and their families with their social, emotional, health and early learning needs.

**Counseling**
*Ages 0-13*
Our trauma-informed therapists support parents and caregivers in creating secure and nurturing bonds with children who have experienced adversity and trauma.

**Flourish**
*Ages 0-6*
Flourish is Washington’s most comprehensive program designed to support young children who have significant social, emotional, and behavioral needs. It is an intensive wrap around model designed for children who may not be successful in traditional childcare or preschool settings.

**Capacity Building**
Childhaven provides consultation and training for child and family serving organizations and systems. Providing child care providers, home visitors, preschool teachers, families and communities more training and support to address infants and young children’s social, emotional, relational and developmental needs.