



# ABOUT CHILDHAVEN

## Who We Serve

Our programs serve children and families who have been exposed to toxic stress and trauma. Most have faced one or more of the following risk factors: domestic violence, mental health and substance abuse issues, criminal justice involvement, housing instability, and poverty.

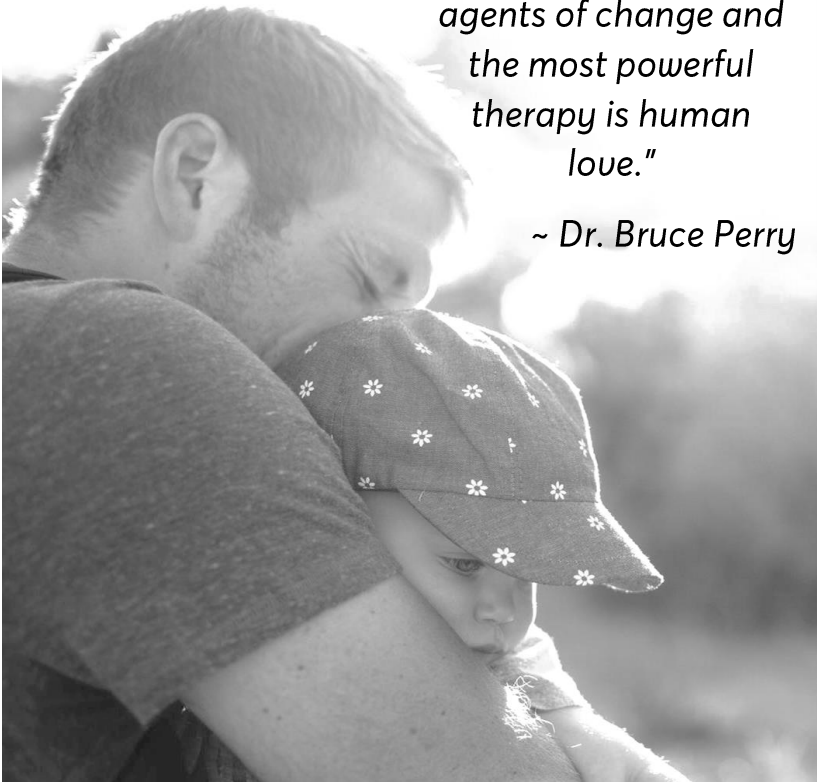
Young children are deeply affected when continuously exposed to toxic stress and trauma, affecting the immune system, metabolic regulatory systems, cardiovascular systems, and brain architecture. This has a dramatic impact on lifelong health and well-being.

## Childhaven's Approach

The epidemic of childhood trauma and adversity is a public health crisis that impacts all of us. Childhaven's work holds relational health, trauma-informed care, and social justice at its core. We recognize that to improve the health and wellbeing of young children, our community must embed relational health in all places in which children and families live, learn and play.

*"Relationships are the agents of change and the most powerful therapy is human love."*

*~ Dr. Bruce Perry*



## History

Childhaven was founded in 1909 as Seattle Day Nursery, one of the first child care centers for working mothers in the US. The agency began its specialized therapeutic child care program in 1977, and changed its name to Childhaven in 1985.

## Mission

Childhaven partners with parents and community to strengthen families, prevent childhood trauma, and prepare children for a lifetime of well-being.

## Vision

ALL Children are safe and healthy; thriving physically, socially, emotionally and educationally; well-nurtured by family and the community.

## Locations

### Seattle Branch

316 Broadway, Seattle WA 98122

### Eli Creekmore Memorial Branch

1035 SW 124<sup>th</sup> Street, Seattle, WA 98146

### Patrick L. Gogerty Branch

1345 22<sup>nd</sup> Street NE, Auburn WA 98002

## Contact Information

Phone: 206-624-6477

Email: [info@childhaven.org](mailto:info@childhaven.org)

Website: [www.childhaven.org](http://www.childhaven.org)

## Referrals/Service Line

206-957-4841

**Childhaven. Because childhood trauma is everyone's trauma.**



## Early Intervention Ages 0-3

Early Intervention helps infants and toddlers with delays in their development. The program provides home and community-based coaching, plus support for parents and caregivers to build upon family strengths.



## Early Learning Ages 3-6

Childhaven's Early Learning program includes both ECEAP and Head Start. For income-qualifying families, these two preschool programs help children and their families with their social, emotional, health and early learning needs.



## Counseling Ages 0-13

Our trauma-informed therapists support parents and caregivers in creating secure and nurturing bonds with child who have experienced adversity and trauma.



## Flourish Ages 0-6

Flourish is Washington's most comprehensive program designed to support young children who have significant social, emotional, and behavioral needs. It is an intensive wrap around model designed for children who may not be successful in traditional childcare or preschool settings.



## Capacity Building

Childhaven provides consultation and training for child and family serving organizations and systems. Providing child care providers, home visitors, preschool teachers, families and communities more training and support to address infants and young children's social, emotional, relational and developmental needs.