Mission
Childhaven partners with parents and community to strengthen families, prevent childhood trauma and its damaging effects, and prepare children for a lifetime of well-being.

Childhood trauma is closer than you think.

It’s the girl next door, whose mother battles severe depression.

It’s the boy whose parents both work overtime, struggling to keep stable housing.

It’s the girl whose family faces racial prejudices countless times a day.

It’s the boy whose married parents live in fear of deportation.

It’s the girl whose father struggles with substance abuse, self-medicating from his own childhood trauma.

It’s any child, from any family.

And it’s not just a childhood problem.

Childhood trauma lasts well past childhood, affecting the entire community.

Childhood trauma and adversity are our biggest problem.

Strong relationships are the antidote.

Childhaven is addressing the epidemic of childhood trauma and adversity through relationship, partnership and innovation.

And it starts with the child, every child…

Childhaven. Because childhood trauma is everyone’s trauma.

Racism, in all its forms, is trauma.

Trauma is toxic and contributes to adverse childhood experiences (ACEs) and environments that have lifelong consequences.

Childhaven condemns all forms of racism, hate, bigotry and entrenched systems of oppression.

We believe that every human has equal and infinite value. Through a healing-centered continuum of care, we focus on elevating relational health in all places where children live, learn, and play.
Early Support for Infants & Toddlers - Early support helps infants and toddlers with delays in their development. The program provides home and community-based coaching, plus support for parents and caregivers to build upon family strengths.

Early Learning - Early Learning program includes both ECEAP and Head Start. For income-qualifying families, these two preschool programs help children and their families with their social, emotional, health and early learning needs.

Outpatient Mental Health – Counseling and substance abuse treatment provided by trauma-informed therapists to support parents/caregivers and families in creating secure and nurturing bonds with children and teens who have experienced adversity and trauma.

WISe Wraparound & Community Based Programs - Washington’s most comprehensive program designed to support young children who have significant social, emotional, and behavioral needs. It is an intensive wrap around model, and related community based programs are designed for children who may not be successful in traditional childcare or preschool settings.

Capacity Building - Consultation and training for child and family serving organizations and systems. Providing child care providers, home visitors, preschool teachers, families and communities more training and support to address infants and young children’s social, emotional, relational and developmental needs.

Art with Heart- Creative and Social Emotional Learning (SEL) based tools, resources and training for any kid or community in need of healing. Art with Heart curricula and therapeutic art activity books help kids to identify and explore emotions while learning emotion management skills and building resilience.