

# CHILDHAVEN: COUNTERING THE CHALLENGE OF CHILDHOOD TRAUMA

### We Believe In The Potential of Children.

At Childhaven, we believe that early childhood mental health has the potential to change the world and our communities.

## Childhood Trauma Is The Greatest Challenge.

Early childhood trauma and adversity is the root cause for some of today's most urgent and costly problems that plague our kids, families, and communities.

# Healthy Relationships Are The Greatest Hope.

From prevention to intervention, we help nurture safe and stable relationships, offering care everywhere kids and families live, learn, and play.

# We Seek To Achieve A Greater Impact.

We meet the needs of those we serve by strengthening direct service, expanding community presence, and leading systems change, all with the goal to:

**SERVE 3,000** 

INFLUENCE 30,000

INFORM 300,000

## Impact Is Found In A Continuum Of Care

**Art with Heart:** Art with Heart training and therapeutic art activity books use creative expression to help kids identify and explore emotion management skills and build resilience, helping to turn pain into possibility.

Child & Family Counseling: Our outpatient behavioral health therapists focus on infant/early childhood mental health, and support families and children from birth to 24 years. Our therapeutic care and counseling services are all guided by evidence-based strategies and collaborative care plans.

**Early Learning:** Our Early Learning program includes classrooms in multiple communities and community-based partnerships. We offer Head Start, ECEAP, Early ECEAP, Kaleidoscope Play and Learn groups, and specialized therapeutic supports including ECLIPSE for children in childcare and preschool.

**Early Support for Infants & Toddlers:** ESIT birth to three services help achieve developmental milestones among infants and toddlers with delays in their early development. We also offer Healthy Start, a home-visiting program designed to improve family wellness and promote system changes focused on health equity.

Wraparound with Intensive Services: WISe combines a team and strengths-based approach with collaborative and culturally-relevant services to support young children ages birth to 6 with significant social, emotional, and behavioral needs. WISe teams include parent partners, mental health therapists and care facilitators.

Community Based Programs: Additional community-based child and family services offered by Childhaven help meet the needs of children and families in the places where they live, learn, and play. Supports include Family Navigator, RAYS UP, Kinship, and Healthcare Integration services.

#### **CHILDHAVEN VISION FOR IMPACT**



Target population: children, youth, and families in WA state, prioritizing children birth to 8 with the greatest social, emotional, and developmental needs.

CORE STRATEGIES

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#### STRENGTHEN

programs and infrastructure (direct service level)

Strengthen the Core Become More Data Driven Expand Reach Serve 3,000

#### EXPAND

indirect services and workforce development (community & provider level)

Co-create with Community Form Mergers & Alliances Establish Center of Excellence Influence 30,000

#### LEAD

awareness and system change efforts (systems & population level)

Form Multi-Sector Partnerships
Extend Government Relations
Inform 300,000

Families and other caregivers have the skills, supports, and resources necessary to strengthen their relationships, increase protective factors, and meet their children's needs across their development.

All child and family serving systems implement infant/early childhood mental health models, and as a result, the early relational health needs of children are met.

The well-being of children and their caregivers is enhanced as evidenced by measurable improvements in resilience, health, and early learning.

GOAL

Positively impact population level health and well-being by ensuring that **ALL** children are safe and healthy; thriving physically, socially, emotionally and educationally; well-nurtured by their family and community.